

# BARBER NATIONAL INSTITUTE NATATORIUM COMMUNITY SWIM SCHEDULE Fall 2014 – Session A

Beginning: Monday August 25, 2014 Ending: Friday October 17, 2014 Make-up Week: October 20 - 24		Address: 100 Barber Place, Erie, PA 16507-1899 Website: <a href="http://www.barberinstitute.org">www.barberinstitute.org</a> → About Us → Community Resources To Contact us via email: <a href="mailto:madams@barberinstitute.org">madams@barberinstitute.org</a>
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TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Learn-To-Swim Lessons
9-11	BNI Learning Center	BNI Learning Center	BNI Learning Center	BNI Learning Center	BNI Learning Center	<b>Dates for next session:</b>  <b>Session B</b> Oct. 27 through Dec. 19  Registration for Session B will begin <b>(Members)</b> Oct. 13 <b>(Non-Members)</b> Oct. 20  <b>** Denotes change in schedule</b>
12-1	Adult Open Exercise	Deep H2O Exercise	Adult Open Exercise	Adult Open Exercise	Adult Open Exercise	
1-2	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	
2-3	Adult Open Exercise	Private Lessons ½ hour sessions - \$12.00	Adult Open Exercise	Adult Open Exercise	Private Lessons ½ hour sessions - \$12.00	
3:00	Private Lesson \$12.00	Private Lesson \$12.00	Private Lesson \$12.00	Private Lesson \$12.00	Private Lesson \$12.00	
3:30	Private Lesson \$12.00**	Level 4**	Preschool Aqua Level 3	Preschool Aqua Level 1	Private Lessons \$12.00	
4:00	Preschool Aqua Level 2**	Level 3**	Preschool Aqua Level 1	Level 2	Level 1**	
4:30	Preschool Aqua Level 3**	Level 2	Preschool Aqua Level 2	Level 4**	Level 5/6	
5:00	Preschool Aqua Level 1**	Parent Child Level 1	Preschool Aqua Level 3	Parent Child Level 1**	Level 3	
5:30	Preschool Aqua Level 2**	Parent Child Level 2	Level 5/6   Pnt/Chld 2	Parent Child Level 2	Level 4	
6:00	Adult Open Exercise	6:15 pm – 6:45	Adult Open Exercise	Level 2	Family Swim	
6:30		Adult Level 1 and 2		Level 3		

## Students 6 Months to 5 Years:

Parent/Child Level 1: 6 months to 2 years of age, Parental assist in the water. Introduces basic skills to parents and children.

Parent/Child Level 2: 2 to 4 years of age, Parental assist in the water. Builds on skills introduced in Parent/Child Level 1.

Preschool Aquatics Level 1: Ages 3, 4, 5. Elementary aquatic skills and safety practices

Preschool Aquatics Level 2: Ages 3, 4 and 5. Beginning independent aquatic locomotion skills.

Preschool Aquatics Level 3: Ages 3, 4 and 5. Swimming skills are now performed independently.

## Students Ages 6 and Above:

Level 1: Elementary aquatic skills and safety practices

Level 2: Beginning of independent aquatic locomotion skills.

Level 3: Beginning of stroke development (front crawl, elementary backstroke and sidestroke).

Level 4: Refining Front crawl, elementary backstroke, side stroke. Learn breaststroke, butterfly, and back crawl.

Level 5/6: Working towards stroke perfection with advanced water safety and survival skills.

Adult 1: Beginner level, shallow water swimming.

Adult 2: Advanced level, shallow and deep water swimming.

## SESSION A

**Member** Pre-Registration:  
August 11, 2014

**Non-Members** may register:  
On or after August 18, 2014

**Call: 878-4071**